



<https://www.sherwoodcc.org.uk>

OPEN 10 MILE TIME TRIAL

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Saturday, 22nd July 2023 at 2.01pm on A10/3 Course

Event Secretary:

Roger Widdowson, 27 Morley Road, Thorneywood, NOTTINGHAM. NG3 6LL
Tel: 07966 777 475 E-mail: roger.widdowson@ntlworld.com

Timekeepers

Bill Stanley, Melton Olympic CC
Norman Portess, Melton Olympic CC

Event Headquarters:

Gunthorpe Village Hall, Davids Lane, Gunthorpe, NOTTINGHAM. NG14 7EW
(Sign-on from 1:15pm please – HQ will be closed at 5pm prompt)

What3Words:- <https://w3w.co/basically.love.regulator>

Entrance to the HQ.

Parking

There is limited hard standing parking at the village hall (15 - 20 cars) and parking may be available on the playing field (weather permitting). **To maximise use of** the hard standing please be considerate with static warm up on this area. There is on street parking in the local residential roads (please park with consideration for residents and do not park on the pavements). Please do not park at the start. There is a very wide verge area near the roundabout on the road towards Newton (Main Street) and very close to the start.

Numbers Sign On/Out

Numbers will be at the HQ and can be collected when you sign-on.

Show your number to the Kitchen in exchange for a drink after your ride then **return your number and sign out**. You **MUST** personally sign out upon completion of your ride otherwise **YOU WILL** be DNF'd! This is to ensure that you are available for the Drug Test team if they attend the event.

At the request of the custodians of the Pavilion, please, no cycling shoes in the HQ.

Parking is available near to the start at Newton on grass verges towards Newton Village (please park considerately – consider wildlife and nature) and at the HQ and Field and along the public roads throughout Gunthorpe. However, please park with absolute consideration for the residents.

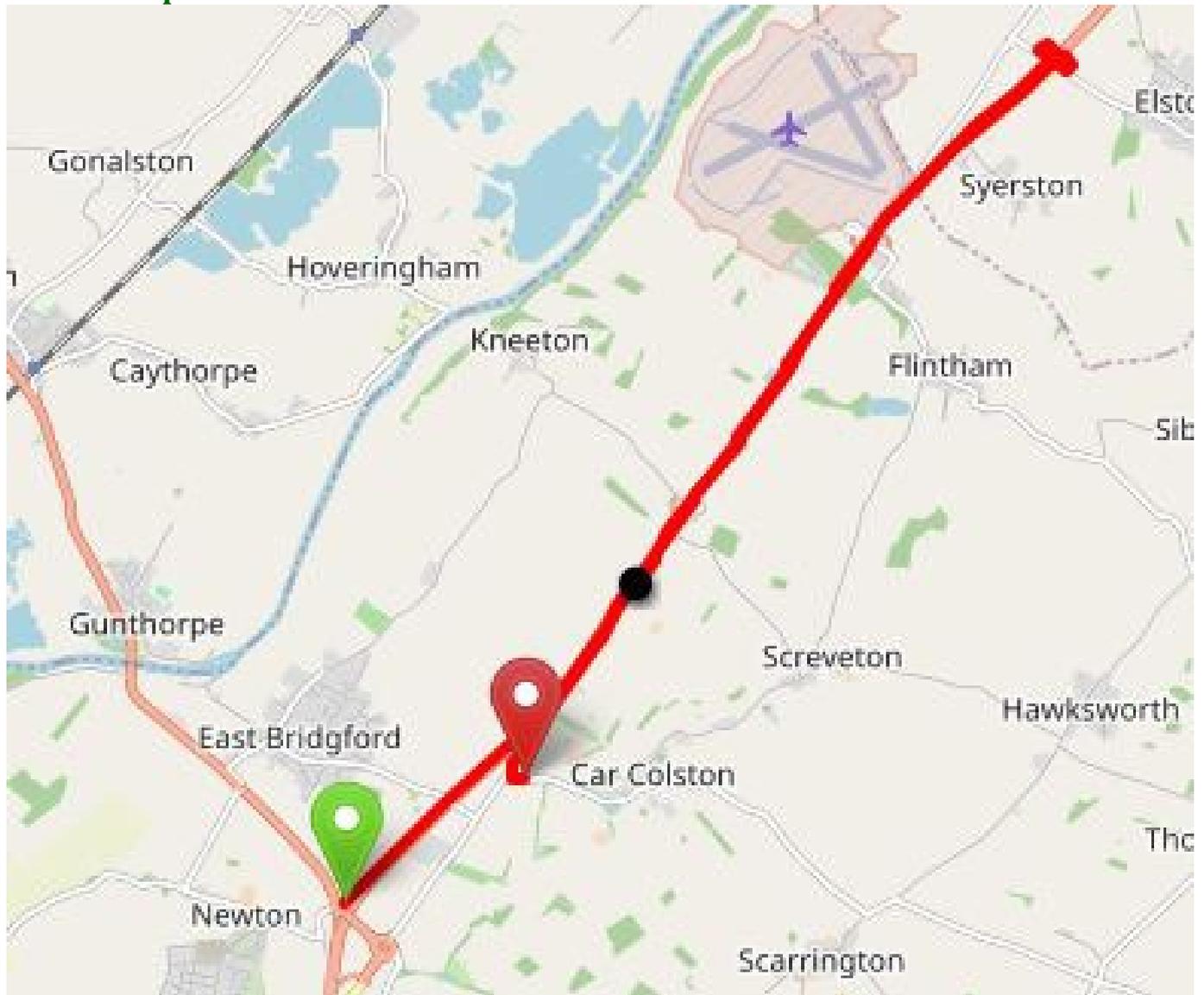
Please be respectful to residents at all times and strictly no changing into your kit in general public view. There are facilities at the HQ.

JUNIOR RIDERS:

Please bring a completed Parental Consent form.

Instructions

Course Map



Course Details

Start at grid reference SK697419 ten yards north of 'Clearway' sign on A6097 inside the white line marking edge of slip road onto A46 northbound. Start level with drop down kerb, back wheel up against kerb edge which is 90 degrees to the carriageway. (Riders can taper onto the slip road as traffic allows/dictates) Join the A46, proceed north until Elston /Thorpe junction. Follow junction sweeping left to turn left at T junction, cross over the A46, take first left and sweep left to re-join A46 southbound. Continue on A46 until East Bridgford/Car Colston junction. Left onto off slip road. Continue to small roundabout, turn left onto unclassified road towards Car Colston to finish at large signboard. Grid reference SK720428. 10.02 miles. NOTE: The sign shows no information when approaching from direction of travel. The reverse side viewed from the east informs of the roundabout.

Notes

You **MUST** wear a HARD SHELL HELMET that meets the standards set out in Regulation 15 of the CTT Regulations. You **MUST** have working front and rear lights, either flashing or constant, fitted to the machine and active whilst the machine is in use in accordance with Regulation 14 of the CTT Regulations.

Please allow at least 10 minutes from the HQ to the start. The start is north-east of Bingham at <https://w3w.co/recently.fulfilled.classic>

Please do not warm up on the course after the event has started.

Marshals are instructed to report dangerous riding so keep your head up and be considerate of other road users.

After passing the finish timekeeper, riders should continue along Tenmans Lane and perform a U-turn out of a sight of the timekeeper and ride back to the Event HQ. At the last roundabout you negotiated just prior to the finish line, you turn left to make your way back to the HQ. Take a look at the map in the HQ on the day!

Notes

Riders should note the following and adhere to all CTT Rules and Regulations

- Be mindful of other peoples' possible perceptions and views of cyclists. Set a good example.
- Do not get changed on the public roads around the Race HQ
- There is ample off-road parking at the Race HQ
- Please park with consideration for other competitors
- Confirmed results will appear on the CTT website as soon as possible after the event
- If you are feeling unwell or suspect that you may have COVID you **MUST NOT** attend the event
- Turbos/Rollers should not be used in car park (please use field) to maximise space for car parking.
- No warm up on the course in the Start/Finish areas wearing their number after event has started.
- Riders must not impede other Starters or Finishers
- The Starting Assistant will check each rider to ensure they have working lights visible to other road users approaching from the rear
(No Lights? No Helmet? NO RIDE!) Make sure you get those lights on charge!
- The Starting Assistant will also check that a rider's name corresponds to the rider's number on the Start Sheet
- There may be a "pusher-off" and, if so, you will be given the option as to whether you want pushing off.

Look forward to seeing you on Saturday 22nd July. Have a safe ride!

Refreshments: There may be some available – please remember to bring a little bit of cash.

PRIZE LIST

Whilst this is not a VTTA event, I have decided to try out the new age adjusted time standards which account for gender and are open to those over 40. Hopefully it will introduce more variety into the mix based on age/gender and give everyone an equal chance of winning a prize.

One prize per rider. Winners in more than one category will receive the highest prize attributable to them e.g., if the fastest breaks the course record, they will receive £100 total. If it is going to happen, it is going to happen, **DO NOT TAKE ANY UNNECESSARY RISKS FOR £100!**

If a rider ends up missing out on the record but posts a time with the same minutes, I'll donate the £100 to a registered charity of their choice. So sub-18 for men and Sub-20 for women.

	1st	2nd	3rd
Fastest	£30	£25	£20
Age Adjusted Time (accounts for gender)	£30	£25	£20
Team	£25 each rider		
Course Record	Men's 17:48 - £100 Women's 19:43 - £100		

No.	START	NAME		CLUB	GENDER	CATEGORY
10	14:10	Dominic	Righini-Brand	Sleaford Wheelers Cycling Club	Male	Senior
11	14:11	Andrew	Hicklin	Peak Road Club	Male	Veteran
12	14:12	Alan	Cooke	Peak Road Club	Male	Veteran
13	14:13	Stephen	Clark	Sherwood CC	Male	Veteran
14	14:14	Peter	Richardson	Swift Racing	Male	Veteran
15	14:15	Keith	Palmer	Ilkeston Cycle Club	Male	Veteran
16	14:16	Simon	Warren	Norwood Paragon CC	Male	Veteran
17	14:17	Gary	Radford	Ilkeston Cycle Club	Male	Veteran
18	14:18	David	Wright	Cheshire Roads Club	Male	Veteran
19	14:19	Ron	Hallam	South Pennine RC	Male	Veteran
20	14:20	Matthew	Uttley	Nottingham Clarion CC	Male	Veteran
21	14:21	Callum	McPartlin	Army Cycling	Male	Senior
22	14:22	Simon	Geraci	Swift Racing	Male	Veteran
23	14:23	Gary	Kondor	Sherwood CC	Male	Veteran
24	14:24	Alan	Busuttil	Matlock CC	Male	Veteran
25	14:25	Edward	Rees	University of Nottingham C C	Male	Senior
26	14:26	Jack	Harrison	Belper BC	Male	Senior
27	14:27	Harry	Greetham	Sleaford Wheelers Cycling Club	Male	Senior
28	14:28	Jymmy	Trevor (Trike)	City RC (Hull)	Male	Veteran
29	14:29	Ivan	Waddington	Leicester Forest CC	Male	Veteran
30	14:30	Andrew	Miller	ADDFORM Vive Le Velo	Male	Veteran
31	14:31	Chris	Shaw	Fenland Clarion CC	Male	Veteran
32	14:32	Mick	Stevens	Melton Olympic CC	Male	Veteran
33	14:33	Peter	Down	Tickhill Velo Club	Male	Veteran
34	14:34	Gretchen	Zoeller	VTTA (Yorkshire)	Female	Veteran
35	14:35	Martin	Perrett	Team Ohten Aveas	Male	Veteran
36	14:36	Simon	Abdy	Barton Wheelers Cycling Club	Male	Veteran
37	14:37	Chris	Last	Rotherham Wheelers Cycling Club	Male	Veteran
38	14:38	Martin	Lister	Witham Wheelers / Grantham	Male	Veteran
39	14:39	Andrew	Vaughan	City RC (Hull)	Male	Veteran
40	14:40	Stuart	Wells	Lindsey Roads Cycling Club	Male	Veteran
41	14:41	Craig	Lamb	Alford Whs	Male	Veteran
42	14:42	Chris	Spray	Ratae RC	Male	Veteran
43	14:43	Rod J	Weston	Melton Olympic CC	Male	Veteran
44	14:44	Evgeniya	Righini-Brand	Sleaford Wheelers Cycling Club	Female	Senior
45	14:45	Neil	Cleminshaw	ADDFORM Vive Le Velo	Male	Veteran
46	14:46	Loz	Staples	Spalding CC	Male	Veteran
47	14:47	Deb	Hutson-Lumb	Wrekinsport CC	Female	Veteran
48	14:48	Sally	Maitland	Ratae RC	Female	Veteran
49	14:49	Graham	Green	Team Bottrill	Male	Veteran
50	14:50	Andy	Thomas	Lindsey Roads Cycling Club	Male	Veteran
51	14:51	Graham	Heaton	City RC (Hull)	Male	Veteran
52	14:52	Daniel	Farnsworth	Melton Olympic CC	Male	Senior
53	14:53	Andrew	Spittlehouse	Calder Clarion	Male	Veteran
54	14:54	Alison	Stephenson	Congleton CC - MyWindsock	Female	Veteran
55	14:55	Mat	Stephenson	Congleton CC - MyWindsock	Male	Veteran
56	14:56	Paul	Bavington	EvoVelo Racing	Male	Senior

57	14:57	Michael	Wilkinson	South Normanton C C	Male	Veteran
58	14:58	Ben	Waddington	Leicester Forest CC	Male	Veteran
59	14:59	Roy	Oakes	Team Ohten Aveas	Male	Veteran
60	15:00	Ian	Guilor	Mapperley CC	Male	Veteran
61	15:01	Ed	Watson	Ratae RC	Male	Veteran
62	15:02	Will	Trevor	City RC (Hull)	Male	Espoir
63	15:03	Steve	Musgrave	Ilkeston Cycle Club	Male	Veteran
64	15:04	Jessica	Beyer	Nottingham Clarion CC	Female	Veteran
65	15:05	Steve	Gibson	Peak Road Club	Male	Veteran
66	15:06	Simon	Inman	OVB	Male	Veteran
67	15:07	Giles	White	Sherwood CC	Male	Veteran
68	15:08	James	Murphy	ADDFORM Vive Le Velo	Male	Veteran
69	15:09	Cheryl	Symons	Hull Thursday RC	Female	Veteran
70	15:10	Joe	Cosgrove	Anexo Group Race Team	Male	Junior
71	15:11	Michael	Weaver	Rotherham Wheelers Cycling Club	Male	Veteran
72	15:12	Andrew	Clarke	North Shropshire Wheelers	Male	Veteran
73	15:13	Russell	Carter	South Pennine RC	Male	Veteran
74	15:14	Gillian	Campbell	Born to Bike - Bridgtown Cycles	Female	Veteran
75	15:15	Martin	Fisher	Melton Olympic CC	Male	Veteran
76	15:16	Alex	Leek	Wrekinsport CC	Male	Senior
77	15:17	John	Hind	Bolsover and District CC	Male	Veteran
78	15:18	Mark	Symons	Hull Thursday RC	Male	Veteran
79	15:19	Kathryn	Smith	Sleaford Wheelers Cycling Club	Female	Veteran
80	15:20	Adam	Duggleby	ADDFORM Vive Le Velo	Male	Senior
81	15:21	Samuel	Woodfield	Rule 28 x ATP Performance	Male	Senior
82	15:22	Mark	Burtonshaw	Harrogate Nova CC	Male	Veteran
83	15:23	Steve	Robinson	City RC (Hull)	Male	Veteran
84	15:24	Garry	Shuker	Walsall Roads Cycling Club	Male	Veteran
85	15:25	Stephen	Feeney	Tactic Sport UK Race Team	Male	Veteran
86	15:26	Anthony	Nash	Lindsey Roads Cycling Club	Male	Veteran
87	15:27	Steven	Roe	Swift Racing	Male	Veteran
88	15:28	David	Smith	Sleaford Wheelers Cycling Club	Male	Veteran
89	15:29	Andrew	Keightley	Melton Olympic CC	Male	Veteran
90	15:30	George	Peden	Team PB Performance	Male	Senior
91	15:31	Paul	Aldridge	Warwick Lanterne Rouge Cycling Club	Male	Veteran
92	15:32	Ben	Watson	Para-T	Male	C3
93	15:33	Michael	Lythgoe	Kenilworth Wheelers	Male	Veteran
94	15:34	Ben	Hamilton	Rutland Cycling Club	Male	Veteran
95	15:35	Eddie	Humphreys	Nottingham Clarion CC	Male	Veteran
96	15:36	Isaac	Russell	Team PB Performance	Male	Espoir
97	15:37	Elaine	Simpson	Nottingham Clarion CC	Female	Veteran
98	15:38	Stephen	I'Anson	Buxton CC/Sett Valley Cycles	Male	Veteran
99	15:39	James	Byatt	Sherwood CC	Male	Veteran
100	15:40	Oliver	Peckover	trainSharp	Male	Senior